

GROW TOGETHER 2025

EMPOWERING STS THROUGH AFFORDABLE CPD

Voice Therapy Spectrum (VTS) & Adventures in Voice (AIV) - 2025

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Highlights

- Evidence-based medicine
- Basic science, motor learning & step-bystep clinical practice
- Since 2009, over 500 SLPs in HK and other Asian countries are trained in VTS/AIV/LMRVT

Learning Outcome

Upon completing the workshop, participants will be able to:

1. Describe the basic science foundations of LMRVT, CSCFT & AIV

2. Describe learning theories in adults & children as they relate to acquisition and retention of new motor skills 3. List the steps of the LMRVT, CSCFT & AIV methods

4. Evaluate demonstrations of LMRVT, SCSFT & AIV in vocal training

5. Apply LMRVT, CSCFT & AIV during selfpractice & with appropriate clients

6. Identify patients who may be appropriate to receive LMRVT, CSCFT or AIV

7. Determine integration of methods for individualized therapy "in the moment'

Course fee:

VTS+AIV (3 days; Oct 11-13, 2025): HKD4,200 (reduced from HKD5,990 in 2024)

VTS only (2 days; Oct 11-12, 2025): HKD3,500 AIV lab. only (1 day: Oct 13, 2025): HKD1,000

(for existing VTS/LMRVT providers)

- * Essential items included in the course fee: For VTS+AIV & VTS only:
 - LMRVT clinician manual [Cantonese]
- LMRVT patient manual [Cantonese] For VTS+AIV & AIV lab. only:
- AIV clinician manual [Cantonese]
- AIV patient manual [Cantonese]
- AIV training kit set



VTS+AIV: Oct 11-13, 2025 (Sat to Mon) / VTS only: Oct 11-12, 2025 (Sat to Sun) /





Hong Kong Scout Centennial Building (Wanchai HK)



HKIST CPD-ST: (VTS) 15points, (AIV) 8 points Target audience: Speech therapists, student STs &

vocal coaches



Day 1 (Oct 11, 2025): Basic Voice Science

08:45-09:00 Registration 09:00-09:30 Introduction to the Science 09:30-13:00 Voice Science 13:00-14:00 Lunch 14:00-16:30 Learning Science 16:30-17:15 Patient Engagement

17:15-17:30 Knowledge Quiz

Day 2 (Oct 12, 2025): Voice Therapy Spectrum (VTS)

08:45-09:00 Registration 09:00-10:00 Overview of LMRVT (and CSCFT) 10:00-12:30 LMRVT Step by Step (Practice & Demo) 12:30-13:30 Lunch

13:30-16:30 LMRVT Step by Step 16:30-17:15 CSCFT Step by Step 17:15-17:30 Questions and Answers; Tricks and Tips

Day 3 (Oct 13, 2025): Adventures in Voice (AIV)

08:45-09:00 Registration 09:00-12:00 Overview

12:00-13:00 Lunch 13:00-17:45 AIV Step by Step(Practice & Demo)

17:45-18:00 Questions and Answers; Tricks & Tips







